

WELCOME



Poolesville Memorial United Methodist Church

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www.PMUMC.org

Ash Wednesday—February 18, 2025
Worship Service—7 pm



“Go and Sin No More”

 A special welcome to our guests today! Your visit is a blessing and we are glad you are here! As we gather, take time to relax and prepare your heart to listen for God through today's time of prayer, song, and scripture study.

* = Please stand in your heart or posture.

UMH = United Methodist Hymnal. TFWS = The Faith We Sing.

Italicized, BOLD Text = recite out loud

GREETERS—TBD

PRE-SERVICE MUSIC—*Meditation on “St. Flavian”*
(Lord who throughout these forty days)

by Brenda Portman
Linda Custer

WORSHIP SERVICE

ACOLYTE—Isabel S.

WELCOME—Introductions and Prayer

Rev. Timothy Dowell

PRELUDE MUSIC—*What Wondrous Love Is This*
Piano/Organ Duet

by John S. Dixon
Janet Hartz/Linda Custer

*CALL TO WORSHIP

led by Wendy Huff

LEADER: Create in us clean hearts, O God,

PEOPLE: *And renew a right spirit within us.*

LEADER: When we are burdened by guilt and bound by shame,

PEOPLE: *God's mercy is greater than our sin.*

LEADER: When we stand accused and fear condemnation,

PEOPLE: *Christ bends down in mercy and lifts us up in grace.*

LEADER: The sacrifices of God are a broken spirit;

PEOPLE: *A broken and contrite heart, O God, you will not despise.*

LEADER: Come, let us worship the One who forgives, restores, and makes all things new.

PEOPLE: *We come, washed in mercy, upheld by grace.*

*OPENING PRAYER

led by Wendy Huff

Merciful God, we come before you aware of our sin and our need. Have mercy on us according to your steadfast love. Create in us clean hearts, and renew a right spirit within us. When we feel accused or ashamed, remind us that Christ speaks mercy, not condemnation, and calls us to rise and walk in new life. Cleanse us, restore us, and ready us for worship, through Jesus Christ our Lord. Amen.

*OPENING HYMN— <i>Just as I Am, Without One Plea</i>	UMH 357
FIRST READING— <i>Psalm 51:1-17</i> This is the word of the Lord. <i>Thanks be to God.</i>	David Melton
CHORAL ANTHEM— <i>A Clean Heart</i> Chancel Choir	by Benjamin Harlan Janet Hartz/Linda Custer
SECOND READING— <i>John 8:1-11</i> This is the word of the Lord. <i>Thanks be to God.</i>	Rev. Timothy Dowell
MESSAGE— <i>Go and Sin No More</i>	Rev. Timothy Dowell
*HYMN OF RESPONSE— <i>Take Time to Be Holy</i>	UMH 395
INVITATION TO THE OBSERVANCE OF LENTEN DISCIPLINE	Rev. Timothy Dowell
THANKSGIVING OVER THE ASHES	Rev. Timothy Dowell
THE LORD'S PRAYER	UMH 895
IMPOSITION OF ASHES	Rev. Timothy Dowell
*CLOSING HYMN— <i>Take My Life, and Let It Be</i>	UMH 399
*BENEDICTION	Rev. Timothy Dowell
POSTLUDE MUSIC— <i>The Only Son from Heaven and Sing, My Tongue</i>	by Michael Burkhardt Linda Custer

Lyrics to Choral Anthem — *A Clean Heart* — by Benjamin Harlan

Create in me a clean heart, O God.	a heart that's free to love
Create in me a clean heart.	as you have loved me,
Renew my spirit, renew my spirit.	A heart that really cares,
Create in me a clean heart.	a heart that always shares.
	Create in me a clean heart.
Create in me a clean heart, O God.	Create in me a clean heart, O God.
Create in me a clean heart.	Create in me a clean heart.
Renew my spirit, renew my spirit.	Renew my spirit, renew my spirit.
Create in me a clean heart.	Create in me a clean heart.
A heart that's free to give	
as you have given to me,	

**Starting March 8, our Chancel Choir will share the Cantata,
 "Upon This Rock" - a musical interpretation of Peter's call and passion.**

Wed., 2/18	7pm	ASH WEDNESDAY Worship Service w/Distribution of Ashes
Sun., 2/22	10:30am	FIRST SUNDAY IN LENT Worship Service
Sun., 3/1	10:30am	SECOND SUNDAY IN LENT Worship Service w/Communion
Sun., 3/8	10:30am	THIRD SUNDAY IN LENT Worship Service <i>"What Is Your Passion"</i>
Sun., 3/15	10:30am	FOURTH SUNDAY IN LENT Worship Service <i>"Walkin Cross the Sea"</i>
Sun., 3/22	10:30am	FIFTH SUNDAY IN LENT Worship Service <i>"Upon This Rock"</i>
Sun., 3/29	10:30am	PALM/PASSION SUNDAY Worship Service <i>"Pray with Me at Gethsemane"</i>
	11:30am	Church Family Easter Party-Potluck, Craft, Story, Egg Hunt
Thu., 4/2	7pm	HOLY THURSDAY Worship Service w/Communion <i>"Didn't I Deny Him and Were You There"</i>
Sun., 4/5	10:30am	EASTER SUNDAY Worship Service w/Communion <i>"The Empty Tomb," "Do You Love Me," and "The Call"</i>

Lent, Holy Week & Easter Schedules

Love yourself through Lent

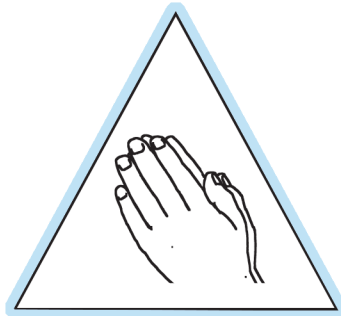
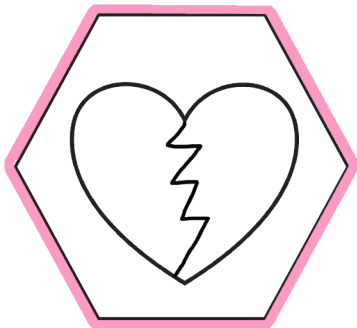
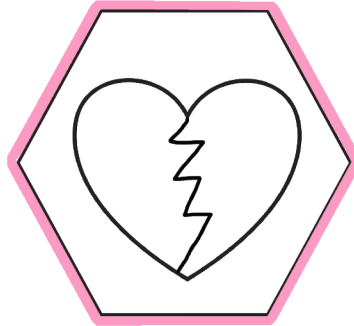
In a really challenging season why not focus on self-care this Lent.
 Here are 40 self-care ideas to choose from, why not pick one each day
 and give yourself a boost of positivity.

The image contains 40 heart-shaped cards with the following self-care ideas:

- Listen to a favourite song.
- Light a candle.
- Cook your favourite meal.
- Go for a walk.
- Watch a favourite film.
- Open a window and breath deeply!
- Build a nest and snuggle up!
- Take a bath.
- Drink a glass of water.
- Get into your pyjamas early!
- Read a Psalm.
- Read a book.
- Have a nap.
- Enjoy a hot drink.
- Pray.
- Phone a friend.
- Write down your worries and bring them to God in prayer.
- Count your blessings.
- Turn off your phone for an hour.
- Say "I love you" to somebody.
- Go to bed early!
- Put on some music and dance like nobody is watching!
- Get creative, draw or write something.
- Buy yourself a treat.
- Look through old photos.
- Bake something.
- Make your bed.
- Go to bed early!
- Hug a pillow.
- Write a letter.
- Put on an outfit that makes you feel good about yourself.
- Get creative, draw or write something.
- Buy yourself a treat.
- Try a new hobby.
- Talk to a plant.
- Watch a funny video.
- Say "no" to something.
- Pause and listen to God's voice.
- Sing as loudly as you can!
- Visit an art gallery or museum online.
- Stretch!
- Look for pictures in the clouds.
- Have a lie in.

You do not delight in sacrifice, or I would bring it; You do not take pleasure in burnt offerings.

Match the shapes.



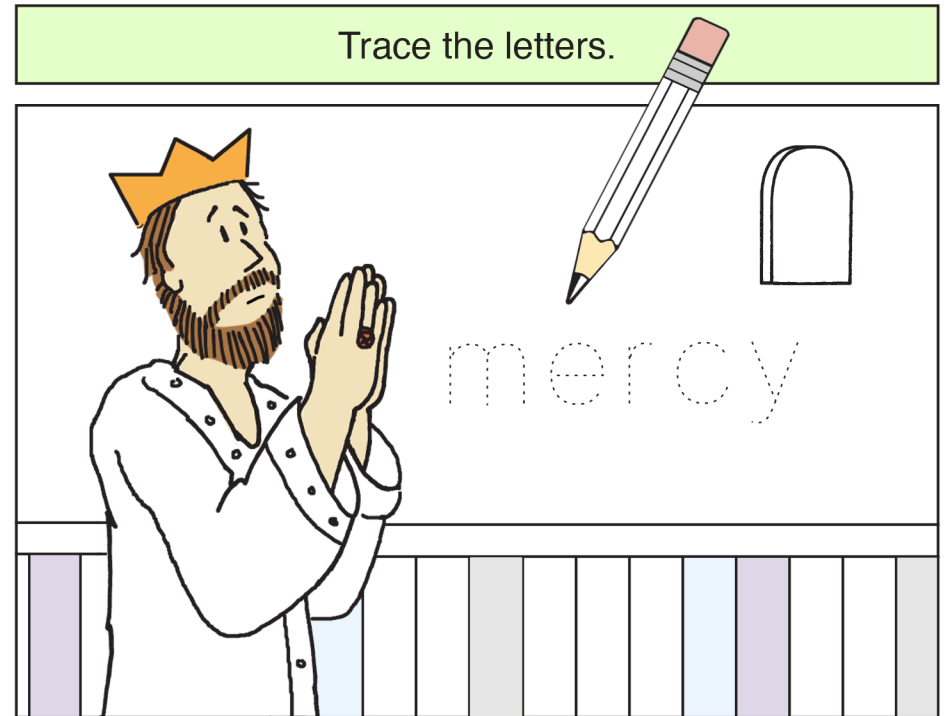
My sacrifice, O God, is a broken spirit; a sorry heart You, God, will not despise.



A Prayer for Forgiveness

King David prayed: Have mercy on me, O God, according to Your unfailing love ...

Trace the letters.



... according to Your great compassion blot out my transgressions.

Create in me a pure heart, O God,
and renew a steadfast spirit within me.

Circle the picture that continues the pattern.



Restore to me the joy of your salvation and
grant me a willing spirit, to sustain me.

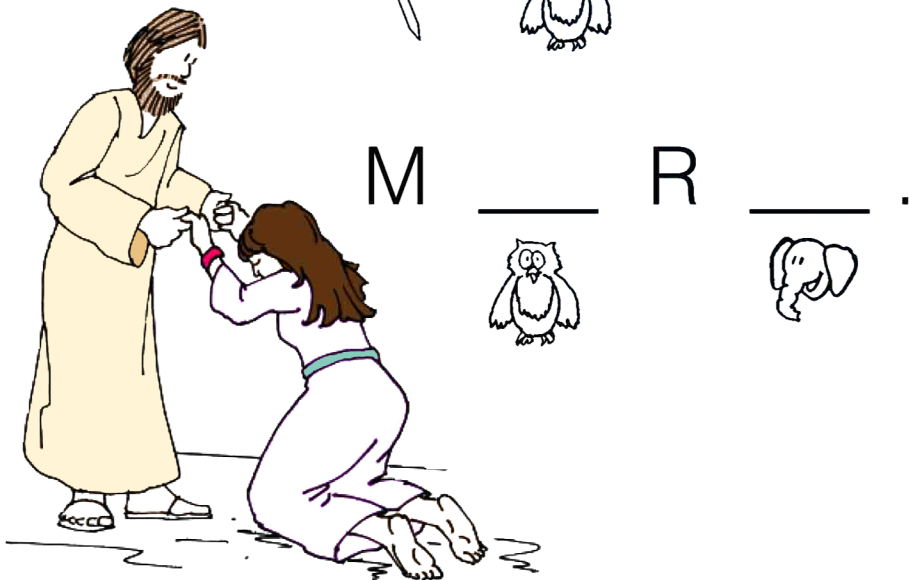
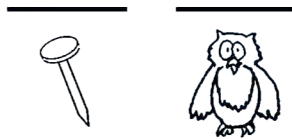
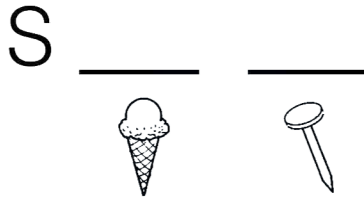
Circle the hidden letters in the picture.

S P I R I T



When they all had left Jesus told her,
"Go now and leave your life of sin."

Use the code to fill in the missing letters.



Children's Worship Bulletin™



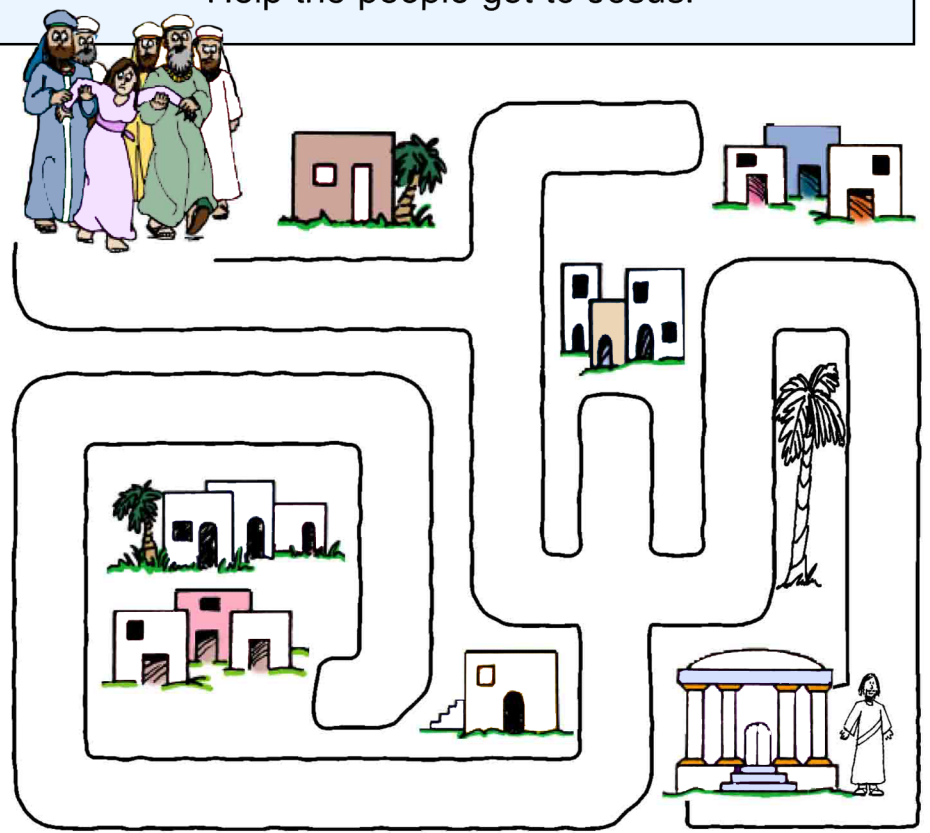
Ages 3+

February 18, 2026 • John 8:1-11

Throwing Stones

Some lawyers and Pharisees brought a woman to Jesus.

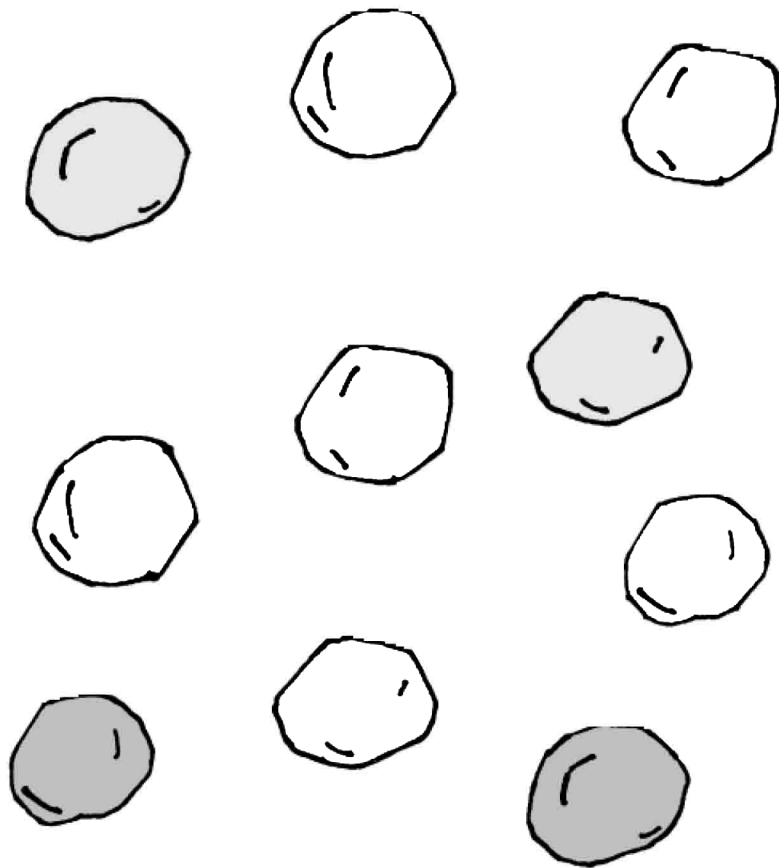
Help the people get to Jesus.



Enter your **SECRET CODE** to unlock games @ games.childrensbulletins.com **SECRET CODE!**
CP3725

They said to Jesus, "In the Law Moses commanded us to stone such women. What do You say?"

Count the stones. Trace the number.

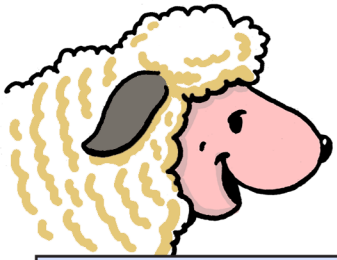


8 or 9 or 10 ?

Jesus said to them, "Let any one of you who is without sin be the first to throw a stone at her."

Circle 6 differences in the bottom picture.





King David continued his prayer.

Fit the word parts on the blanks below to finish the words.
Hint: The word parts are NOT listed in order.

sacri_____	des_____	br___en
___od	_____rt	_____asure
___rn__	___in__	d_____ht

You do not ___elig___ in _____fice,
or I would br___g it; You do not take
ple_____ in bu___t offerings.



My sacrifice, O G____,
is a ___ok___
spirit; a broken and
contrite hea____
You, God, will
not _____pise.

A Prayer for Forgiveness

King David prayed: Have mercy on me, O God, according to Your unfailing love; ...

Use the code to write the letters on the blanks.

 = B	 = E	 = M	 = U
 = D	 = L	 = P	 = Y

... accor___ing to

Y o___r gr___at

co___assion

___ot o___t

___ transgr___ssions.



What did King David say next?

Cross out every word that starts with the letter "b" or the letter "n."
Write the remaining words on the lines below.

Create	new	in	bean	
bring	me	beast	near	a
north	pure	break	heart	board
bend	O	best	God	night
and	bear	nest	renew	build
a	bonnet	steadfast	baby	
spirit	natural	within		
me	neighbor			
bark				



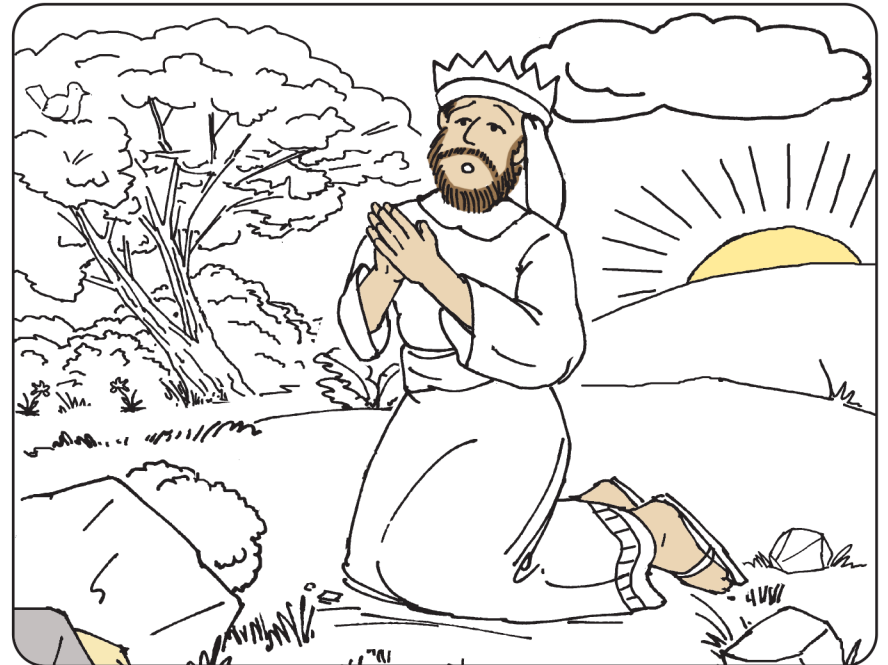
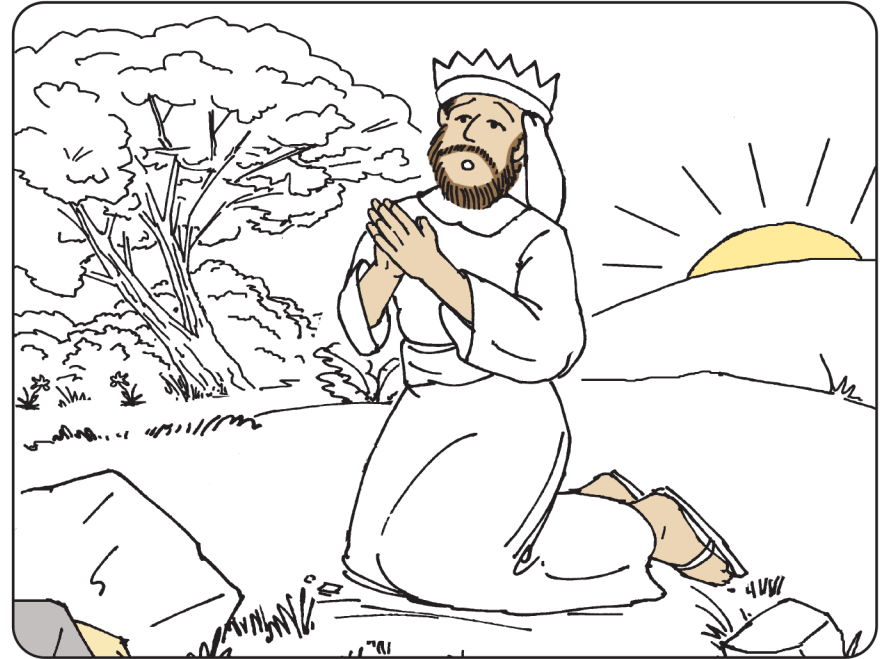
Create _____

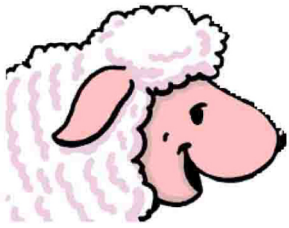
_____ , _____ ,

_____ .

Restore to me the joy of Your salvation and grant me a willing spirit, to sustain me.

Circle six differences in the bottom picture.





Jesus said to her ...

Cross out the letters found more than 5 times.
Write the remaining letters on the lines below in the order found.

G	B	C	O	N	P	O	H
C	W	H	H	A	N	M	D
M	B	L	P	E	C	A	P
V	E	M	B	Y	P	M	O
U	C	R	H	P	B	L	I
M	F	H	E	O	H	B	F
S	B	I	P	C	N	M	C



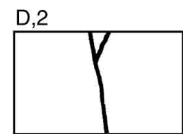
... “ _____

 _____ ”

Throwing Stones

The teachers of the law and the Pharisees brought a woman to Jesus who had been caught sinning. They said that in the law Moses commanded them to stone such women.

Copy the boxes below on the grid below.



A				
B				
C				
D				
	1	2	3	4

C,3	B,3	B,1	A,4	C,1
C,2	D,3	D,4	C,4	B,4
B,2	A,2	A,1	D,1	A,3

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